

**STUDENTS: Services to Students**Health Services

## [1. Physical Education

A physical examination by a student's usual source of health care is required upon entering Maryland's public schools for the first time. A physical examination is requested but not required upon entering middle school.

## 2. Health Appraisal

A health appraisal shall be done by the registered nurse-school nurse on all students who have identified health problems in order to institute measures to prevent these problems from interfering with learning.

## 3. Dental Examination

A dental examination is requested of all students in kindergarten and grade 6.

## 4. Immunization Compliance

Immunization requirements must be met by all students at school entry. Students lacking proof of age appropriate immunizations may be temporarily admitted for up to 20 calendar days. Failure to comply with immunizations requirements will result in the student's withdrawal from Baltimore County Public Schools until the requirements are met. Only students with documented religious or medical exemptions may enter and remain in school without the required immunizations.

## 5. Hearing and Vision Screening

Hearing and vision screening tests are required for all students in the year they enter school for the first time and in kindergarten, grades 3, 5, and 8. These screenings are conducted by technicians from the Baltimore County Department of Health. Any student who is suspected of having a possible hearing or vision problem is screened regardless of grade. The registered nurse-school nurse collaborates with the Baltimore County Department of Health to ensure proper follow-up of students who fail the screenings. Color screening tests are included in the program for students entering kindergarten.

6. Scoliosis Screening

Scoliosis screening is required for all female students in grade 6 and male students in grade 8. The registered nurse-school nurse is responsible for coordinating this program and for the screening process, referral, and follow-up of students who fail the screening.

7. Medications for Students While in School

The administration of medications to students while in school is the sole responsibility of the registered nurse-school nurse. The registered nurse-school nurse, in collaboration with the principal, shall formulate a plan for medication administration when the nurse or substitute nurse is unavailable. This plan must be in accordance with Board of Nursing Regulations, the State School Health Standards (COMAR13A.05.05.05-15), and Baltimore County Public Schools procedures.

All prescription and non-prescription medication needed to be administered in school on a regular basis requires a written order signed by a physician/nurse practitioner/dentist. Parental consent for administering the medication should be obtained.

In accordance with the Board of Nursing Regulations and under the authority of the Baltimore County Department of Health, the registered nurse-school nurse may implement the appropriate nursing protocols in response to students' health needs, which may include the administration of medication from a formulary of approved discretionary drugs. Parental consent is required for administration of all medications, both prescribed and discretionary.

8. Communicable Diseases

Any knowledge of a case or a suspected case of communicable disease shall be reported to the principal and the registered nurse-school nurse who shall determine if the communicable disease is reportable according to state regulations. If the registered nurse-school nurse determines that the communicable disease is reportable, the Office of Health Services, Baltimore County Public Schools, will be notified. The Office of Health Services will make the report to the Baltimore County Department of Health, Bureau of Disease Control. The Bureau of Disease Control shall make the decision on whether student(s) need to be excluded due to the disease. The Bureau of Disease Control, Office of Health Services, and the school principal will collaborate on any decisions regarding any disease-related interventions, including community notification.]

I. GUIDELINES

- A. THE OFFICE OF HEALTH SERVICES SHALL BE RESPONSIBLE FOR ESTABLISHING PROCEDURES AND PROTOCOLS FOR THE HEALTH SERVICES PROGRAM FOR ALL SCHOOLS. THE PROCEDURES AND PROTOCOLS WILL BE DEVELOPED IN COLLABORATION WITH THE DESIGNATED MEDICAL OFFICIAL FROM THE BALTIMORE COUNTY DEPARTMENT OF HEALTH. THE PROCEDURES AND PROTOCOLS SHALL ENSURE COMPLIANCE WITH RELEVANT LAWS AND REGULATIONS, INCLUDING COMAR 13A.05.05.05-.15 (SCHOOL HEALTH SERVICES STANDARDS), COMAR 10.06.04.03 (IMMUNIZATION REQUIREMENTS), COMAR 10.27.09 (STANDARDS OF PRACTICE FOR REGISTERED NURSES), AND COMAR 10.06.01 (COMMUNICABLE DISEASES).
  
- B. THE MANUAL OF SCHOOL HEALTH NURSING PRACTICE, PROTOCOLS FOR SCHOOL NURSING PRACTICE, SCHOOL-BASED WELLNESS CENTERS POLICY, AND PROCEDURE MANUAL AND PROTOCOLS FOR PRACTICE MANUAL WILL INCLUDE PROVISIONS TO MEET THE FOLLOWING PROGRAM REQUIREMENTS:
  - 1. HEALTH APPRAISAL.
  - 2. HEALTH REQUIREMENTS FOR NEW ENTRANTS, INCLUDING IMMUNIZATIONS, PHYSICAL EXAMINATIONS, AND LEAD LEVEL SCREENINGS.
  - 3. HEARING AND VISION SCREENING.
  - 4. COMMUNICABLE DISEASE PREVENTION AND CONTROL.
  - 5. SERVICES TO STUDENTS WITH SPECIAL HEALTH NEEDS, INCLUDING STUDENTS WITH ANAPHYLACTIC ALLERGIES.
  - 6. EMERGENCY SERVICES, INCLUDING THE TRAINING OF A FIRST- AID BACK UP AND CPR BACK UP FOR EACH SCHOOL AND FOR THE AUTOMATIC EXTERNAL DEFIBRILLATOR (AED) PROGRAM.

7. MEDICATION ADMINISTRATION, INCLUDING PROCEDURES FOR SELF-ADMINISTRATION OF EMERGENCY MEDICATIONS.
8. PREVENTATIVE AND PRIMARY HEALTH CARE SERVICES IN SCHOOLS DESIGNATED TO HAVE A SCHOOL-BASED WELLNESS CENTER.
9. CONFIDENTIALITY, UNDER THE FAMILY EDUCATION RIGHTS AND PRIVACY ACT (FERPA) AND THE HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT.

[Legal References: Education Article §7-401  
School Health Standards: COMAR 13A.05.05.05-15  
Communicable Diseases COMAR 10.06.01]

Rule

Superintendent of Schools

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